

Writing Your Story in  
*San Miguel de Allende*  
Nov. 1-7, 2025



# Ready to Embark on a Writing Journey?

- **Do you have a story inside you that you are ready to explore more deeply?**
- **Dreaming of blending cultural immersion with creative expression?**
- **Ready for an escape where you can begin writing your personal story in a beautiful, peaceful setting?**

Then imagine yourself in San Miguel de Allende, Mexico, embarking on a 7-day writing journey with best-selling author Barbara Fagan. Coordinated by Journeys of the Heart, this is your chance to draw inspiration from the rich traditions of Día de los Muertos in Mexico, where it all began.

Everyone has a story to tell. The experiences you've collected, the lessons you've learned, and the traditions passed down through generations all add up to something uniquely yours. And there's no better place to bring those stories to life than in San Miguel de Allende, one of Mexico's most inspiring destinations.

**Save your spot today at [www.journeysoftheheartwellness.com](http://www.journeysoftheheartwellness.com)**





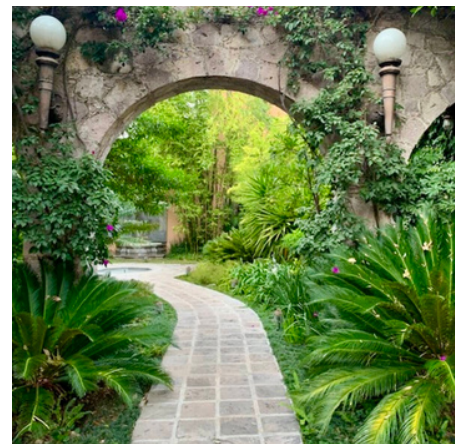
## Discover Your Story in San Miguel de Allende

Over five inspiring days, you'll start each morning with a traditional Mexican breakfast and a brief intention-setting meditation before diving into professionally led writing sessions.

Dinner will be provided on five nights, with one evening free to explore San Miguel's vibrant culinary scene. One day will be dedicated to a sensory walking tour, immersing you in the city's sights, sounds, and flavors. You'll also have free time throughout the week to explore San Miguel at your own pace.

Back at the villa, you'll take part in a traditional altar creation ceremony led by Leslie, honoring your ancestors and drawing inspiration from the spirits of Día de los Muertos.

On the final day, you'll share your work in a supportive circle, celebrating your creative journey. If publishing is your goal, Barbara will guide you through the process, helping you bring your words to the world.



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## A House with its Own Story to Tell

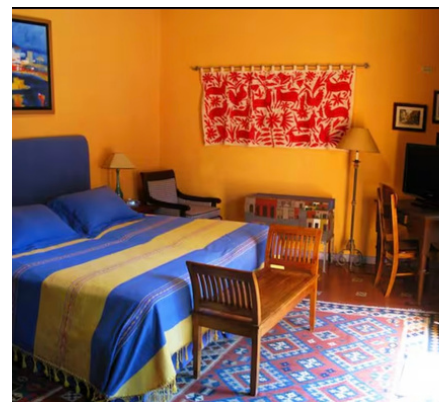
### **Refugio de los Pecadores – Your Sanctuary for Creativity**

With a name that translates to “Refuge of Sinners,” you can only imagine the stories these walls could tell—making it the perfect setting for our Day of the Dead Writing Retreat. Just steps from La Parroquia, our villa is a haven of warmth, inspiration, and reflection, where every corner invites creativity.

#### Highlights of Your Stay:

- Spacious Rooms – Seven beautifully designed suites with private or shared baths.
- Cozy Communal Spaces – Four inviting living rooms, three dining areas, a library, and a bar.
- Outdoor Serenity – A hidden garden, a pool, and secret alcoves for quiet reflection to inspire creativity.
- Delicious Meals – A private chef will prepare authentic Mexican breakfasts and dinners, served in the privacy of your villa.

Savor the magic of Refugio de los Pecadores—where history, creativity, and inspiration come to life in San Miguel de Allende.







## What's Included

- **6 Nights at a Private Villa** – Only steps from downtown San Miguel de Allende and La Parroquia
- **5 Days of Writing Sessions** – Unlock your voice and write your story!
- **Connect with Bestselling Author Barbara Fagan** – Gain insider tips on personal writing and uncovering your unique narrative.
- **Breakfast Daily and 5 Dinners** – Enjoy authentic Mexican cuisine prepared by our private in-house chef.
- **Optional Morning Yoga Sessions** – Begin your days with clarity and intention in the comfort of our villa.
- **One-on-One Manuscript Feedback** – Under Barbara's personalized guidance you will refine your work and prepare for publishing.
- **Cultural & Reflective Activities** – Honor traditions, explore storytelling, and embrace your authentic voice.
- **Anthology Inclusion** – Publish your best piece in our exclusive retreat collection.



Save your spot today at [www.journeysoftheheartwellness.com](http://www.journeysoftheheartwellness.com)





## Retreat Pricing:

- Single Room: \$3,200 per person- King or Queen some with private bathrooms.
- Double Room: \$2,850 per person-Rooms with two beds or a king shared for couples.
- Single supplements available on request

## Payment Details:

- Deposit of \$500 per person to reserve a room
- Full payment due by Sept. 1, 2025
- Payment methods: Credit Cards, Checks or Cash
- All payments are non refundable

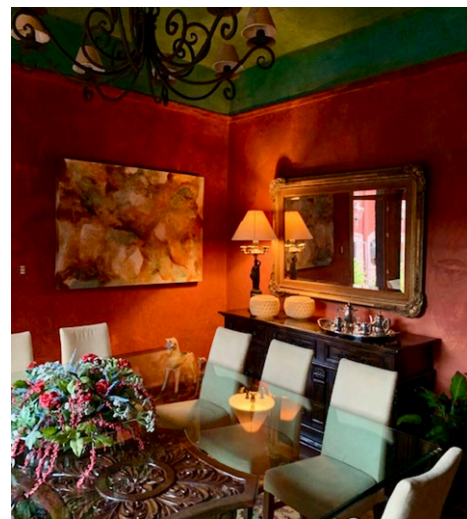
Book online @[journeysoftheheartwellness.com](http://journeysoftheheartwellness.com) or

Call Leslie Weaver @707-484-3836

Reserve your spot today!

### On Your Own:

- International flights
- Airport transfers
- Travel insurance
- 1 dinner and any other off-site meals
- Optional excursions







## Meet Barbara

Founder of Source Point Training, Barbara Fagan is an international professional coach recognized worldwide for her powerful "zaps of truth," which help those she coaches uncover what they truly desire in life. She believes that each of us has a unique and extraordinary story waiting to be told. She has distilled her transformative coaching insights and action steps into her new bestselling book, *So What Now What: Designing the Next Chapter of Your Life*. This inspiring guide offers practical wisdom for navigating life's transitions while staying true to your authentic purpose and vision. Her book provides a clear roadmap to help readers define their purpose, establish a compelling vision, and embrace meaningful change.



## Meet Leslie



Leslie, the owner and founder of Journeys of the Heart Wellness Retreats, is a seasoned Travel Advisor who believes that travel should be a soul-stirring adventure with a lasting impact. She curates transformative journeys that focus on balance, self-care and unleashing your creativity. Raised in Mexico Leslie will serve as your retreat facilitator and coordinator, ensuring that every detail is meticulously handled so you can fully immerse yourself in the experience.

